

ARE YOU IN DANGER OF BECOMING A PATHOLOGICAL GAMBLER?



TAKE A MOMENT TO CHECK YOUR GAMBLING HABITS:

1. Do you sometimes feel the compelling urge to gamble even though you hadn't originally planned or wanted to?
2. Have you already tried to stop gambling and failed?
3. Do you frequently miss appointments or meetings due to gambling?
4. Do you find you go gambling most when you are bored, stressed or sad?
5. Do you have money worries as a result of money spent on gambling?
6. Has your gambling caused problems with your family?
7. Are you currently spending more money on gambling than you did in the past?
8. Do you feel restless, irritable or experience unpleasant physical symptoms if you can't gamble?
9. Do you suffer as a result of your gambling habits?
10. Do you believe that you can „crack“ the system?
11. Do you often find yourself thinking of number combinations and winnings or winning back lost money?
12. Do you try to hide your passion for gambling?

If you have answered „yes“ to three or more of these questions, you should think seriously about your gambling habits. Talk to us!

HELP AVAILABLE:

THE FOLLOWING ORGANIZATIONS OFFER FREE, ANONYMOUS ADVICE:

Centre of expertise for addiction at the Johannes Gutenberg University of Mainz Clinic:

☎ 0800 - 1 529 529

Mon. to Fri. from 12 midday to 5pm
or online at: www.verhaltenssucht.de

Federal Centre for Health Education (BZgA)
information line:

☎ 0800 - 1 37 27 00

Mon. to Thurs. from 10am to 10pm
Fr. to Sun. from 10am to 6pm

REGIONAL SUPPORT ORGANIZATIONS:

„CAFÉ BEISPIELLOS“

Wartenburgstraße 8 - 10963 Berlin-Kreuzberg

☎ 030 - 666 33 955

„Self-help group meeting place and information provider for pathological gambling“

Krumme Straße 92 - 10585 Berlin

☎ 030 - 330 204 53 (also available in Turkish)

Information and addresses are also available at our casino.
You can contact our player protection representatives at
030 - 255 99 205 or spielerschutz@spielbank-berlin.de

RESPONSIBLE GAMBLING!




SPIELBANK BERLIN
- AM POTSDAMER PLATZ -



"WE WANT OUR GUESTS TO CONTINUE ENJOYING THEIR VISITS TO OUR CASINO"

DEAR GUESTS,

From time immemorial games of chance have been a fascinating and enjoyable leisure pursuit. But with the enjoyment also comes the risk of pathological gambling. Not everyone who likes to gamble loses control over their gambling habits. But some people do find their control over their gambling slipping through their fingers.

This brochure not only contains valuable information on responsible approaches to gambling, but also provides telephone numbers of support organizations you can turn to if you feel your gambling is getting out of hand. Maybe you feel you are losing control over your gambling habits. Or perhaps you are a relative who is concerned about the gambling habits of someone close to you.

At SPIELBANK BERLIN, we place great importance on the protection of our players.

We employ player protection representatives who are responsible for all issues relating to prevention, pathological gambling and player protection and the underlying social concept.

These specially-trained employees are on hand to answer any questions you may have regarding responsible gambling. We can also provide information on pathological gambling, player-locking and self-locking options and regional support systems on request.

You can reach our player protection representatives on 030 255 99 205 or at spielerschutz@spielbank-berlin.de

"GAMES OF CHANCE HAVE AN UNCERTAIN OUTCOME DICTATED PURELY BY COINCIDENCE"

TIPS FOR RESPONSIBLE GAMBLING:

WE RECOMMEND THAT YOU:

- never play beyond the limit you have set
- never try to win back lost money. Increasing the stakes increases the risk of higher losses
- take breaks between games. The game has no memory; your chances of winning are the same at the start of each new game
- be content to go home with a small win
- never borrow money to play
- never use gambling as a distraction from your problems

IF YOU NOTICE THAT...

- you are often gambling more money than you originally intended
- you are finding it harder and harder to stop playing
- you are gambling larger and larger amounts in an attempt to win back lost money
- you are lying to friends and family about your gambling habits
- you are losing control over your gambling habits,...

... then don't hesitate to speak to us!

Never forget that the outcome of a game is purely down to chance. Luck can't be forced!

RESPONSIBLE GAMBLING!

INFORMATION FOR FAMILY AND FRIENDS:

Pathological gambling never impacts on the gambler alone - it also has a severe impact on family and friends.

Your partner, friend or acquaintance may be afflicted with pathological gambling if you notice the following symptoms...

- they often have no time and little money although they have a regular income
- they suddenly begin borrowing money from you or friends
- they give the impression that they are hiding something
- they neglect family, friends or hobbies for no apparent reason
- they have become unreliable



If you notice that your partner/family member/friend no longer has their gambling habits under control, then it's time to act.

Don't hesitate, speak to us now!

We can give you information on support organizations you can contact anonymously. We will also explain the option of implementing a player-block.

Health insurance companies and pension insurance institutes have recognized pathological gambling as an illness requiring treatment since 2001. Pathological gamblers are entitled to inpatient or outpatient treatment.

"IF ALL OUR CALCULATIONS FAIL,
WE CALL IT ACCIDENT" ALBERT EINSTEIN