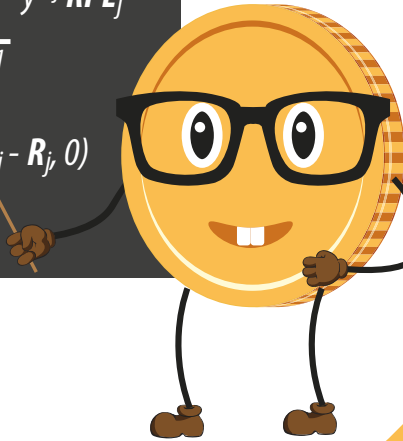


*Have fun when
you play!*

$$s(t)$$
$$y^{t-j} CR_j + w_2 \sum_{j=1}^t y^{t-j} EV_j + w_3 \sum_{j=1}^t y^{t-j} RPE_j$$
$$w_4 \max(R_j - O_j, 0) + w_5 \sum_{j=1}^t y^{t-j} \max(O_j - R_j, 0)$$



SPIELBANK BERLIN

Have fun when you play!

Here at Spielbank Berlin we want this to be the motto of our guests at all times.

While gambling is a fascinating entertainment and leisure pursuit, it unfortunately involves the danger of that fun becoming something more serious, and one runs the risk of losing control.

This loss of control often goes unnoticed. How are you doing?

When you notice that...

- **you frequently gamble away more money than you wanted to put down**
- **it becomes increasingly difficult for you to take a break from gambling**
- **when you gamble you keep increasing your stakes in an attempt to compensate your losses**
- **you are lying to relatives and friends regarding your gambling behaviour**
- **you are losing control over your gambling behaviour...**

...then do not hesitate to speak to us!

Our house has three Spielerschutzbeauftragte (gambler protection officers). They are available to you and will be happy to answer your questions on how to be responsible in dealing with gambling.

Upon request, they will also gladly provide you with information on the topics of gambling addiction, third-party-locking or self-locking, and on the regional help system.

You can contact our gambler protection officers by calling (030) 255 99 130 or via spielerschutz@spielbank-berlin.de.

Are you at risk of being addicted to gambling?

from Grüsser & Albrecht (2007). *Rien ne va plus – wenn Glücksspiele Leiden schaffen*. Bern, Huber publishing house.

Take the time and check your gambling behaviour:

1. Has it occurred sometimes that you absolutely have to go and gamble, even though you initially did not plan to or want to?
2. Have you ever tried to stop gambling and did not manage it?
3. Has it occurred occasionally that you missed appointments or meetings because of gambling?
4. When you go and gamble, is it especially when you are bored, stressed, or sad?
5. Do you suffer from financial worries because of your gambling expenses?
6. Do you have problems in the family because of your frequent gambling?
7. Compared to the past, do you now bet more money and use more time for gambling?
8. If you cannot gamble, do you feel restless, irritated, or do you feel unpleasant physical symptoms?
9. Do you suffer from your gambling behaviour?
10. Do you believe that you can “crack” the system of the game?
11. Do your thoughts frequently revolve around combinations of numbers and winning or the balancing of losses?
12. Do you attempt to hide your passion for gambling?

If you answered three or more question with “yes”, you should think about your gambling behaviour.

Speak to us!
(030) 255 99 130
www.spielerschutz-berlin.de
spielerschutz@spielbank-berlin.de

Offers for help:

This is where you will receive advice anonymously and for free:

Info phone of the Bundeszentrale für Gesundheitliche Aufklärung (BZgA, the Federal Centre for Health Education):

0800-1 37 27 00

Mon through Thu from 10:00 a.m. until 10:00 p.m.

Fri through Sun from 10:00 a.m. until 6 p.m.

or online at: www.check-dein-spiel.de

Regional offers of help:

„CAFÉ BEISPIELLOS“

Wartenburgstraße 8, 10963 Berlin-Kreuzberg
(030) 666 33 955

Aufbruch Neukölln e. V. (Turkish/Arabic)

Uthmannstraße 19, 12043 Berlin
(030) 609 28 104

Self-help information offices:

Glücksspielsucht-Hilfe e.V.

Krumme Straße 92, 10585 Berlin
0176 438 10 802

www.gluecksspiel-sucht-hilfe.de

More self-help information offices:

Spielfrei-Berlin Spielsucht, Spandau

Kontakt: Gerd Kaczmarek, (030) 25 04 25 45

Self-help information office of Lichtenberg

– Horizont Hohenschönhausen –

Ahrenschooper Str. 5

13051 Berlin

(030) 9621033

www.selbsthilfe-lichtenberg.de

More information and addresses can of course also be obtained from us in-house:

(030) 255 99 130 oder spielerschutz@spielbank-berlin.de

**Happiness*

$$= W_0 + W_1 \sum_{j=1}^t y_j$$

$$+ W_4 \sum_{j=1}^t y^{t-j} m_j$$